

New Believers Series: Living and Walking by the Spirit

Some might say a “Christian” can be broken down into “CHRIST and I And Nothing.” The Christian Life basically is all about us and God. In order for us to experience the Christian life, we surely need to know God, the Lord, Christ, as the Spirit. We have to know that for us to enjoy this Spirit, we have a human spirit which connects us to the Holy Spirit. In addition, we should live our lives according to the Spirit within us.

1. What is the Spirit and why is it Important.

Joh 4:24 God is Spirit, and those who worship Him must worship in spirit and truth.// **Zec 12:1** The burden of the word of the LORD concerning Israel. *Thus* declares the LORD who stretches out the heavens, lays the foundation of the earth, and forms the spirit of man within him.

Firstly, God is the Spirit to us. Then we have a human spirit to contact God the Spirit, to receive Him, and to contain Him. In the eyes of God, our human spirit is ranked with the heavens and the earth. The heavens are for the earth; the earth is for man; and man has a spirit to contact God. We can contact God only by using our spirit. Our human spirit is important in our contacting God, and our contacting God is our worship to God. We cannot contact God without worshipping Him.

2. The Spirit dwells in us.

Rom 8:9 However, you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. But if anyone does not have the Spirit of Christ, he does not belong to Him.

Our human spirit is important because it is in this spirit that Christ and the Spirit indwell us, taking our spirit as God's habitation. If you do not have God in your spirit, your soul will also be empty. The soul was made to be a vessel to contain God as the contents.

3. Living and walking by the Spirit

Gal 5:25 If we live by the Spirit, let us also walk by the Spirit//. **Rom 8:4** So that the requirement of the Law might be fulfilled in us, who do not walk according to the flesh but according to the Spirit.

Not only do we have the Spirit within us, but we can live and walk by the Spirit. Walking **in the Spirit** means that the course, the direction, the progress of our life is directed by the Holy Spirit.

4. Dealing with our sinful nature.

Rom 8:13 for if you are living according to the flesh, you must die; but if by the Spirit you are putting to death the deeds of the body, you will live.// **Gal 5:16** But I say, walk by the Spirit, and you will not carry out the desire of the flesh.

There is really only one way to deal with our sinful desires and actions. It is by the Spirit that we put to death the practices of the body. The only way to overcome the desire of the flesh is to walk by the Spirit. When we walk by the Spirit, we can overcome our sinful nature.

5. Result of living and walking by the Spirit.

Gal 5:22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

If we walk by the Spirit, then how we think and act will be affected. As a result of walking by the Spirit, we spontaneously exhibit the characteristics mentioned in Galatians 5:22.

In conclusion, living and walking by the Spirit is a fundamental part of our Christian life. As God is Spirit, the only way we can contact God is through our spirit. It is the whole point of our worship of the Lord. Everything else such as reading the bible praying and singing is for this goal.

Discussion Questions:

What are some simple ways to stay by the Spirit even if we don't want to?

How do you tell the difference between the urgings of our soul versus the Spirit?

Is God's Spirit always within us?